

Metropolitan School of the Arts

homeschool

Tuesday sessions of
*creativity, training, and
exploration.*

Your Performing Arts Program

www.metropolitanarts.org/homeschool



OUR PROGRAM

PROGRAM OVERVIEW

**“UNLEASH POTENTIAL
BUILD CONFIDENCE”**

Metropolitan Homeschool Program (MHP) offers three hours of professional and accessible Musical Theater classes for home-educated children ages **7-18**. Based on the founding principles of *Metropolitan School of the Arts*, our curriculum includes dance, music, and theater, providing students with comprehensive training in performing arts techniques.



OUR MISSION

Metropolitan School of the Arts is a performing arts community, on a mission to change the world by inspiring and supporting students, faculty, and staff to reach their fullest potential as artists, innovators, and generous citizens.

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|-------------------------------|
| ● Confidence Building |
| ● Socialization Opportunities |
| ● Creative Expression |
| ● Teamwork and Collaboration |

OUR

SCHEDULE



***“With confidence,
you have won
before you have
started.”***

– Marcus Tullius
Cicero

Our sessions run on Tuesdays
11:30 AM to 2:30 PM,
September - May.

Students will rotate through
engaging classes in theater,
dance, and music.

Each class is designed to
inspire creativity and foster
teamwork, allowing students
to express themselves in a
supportive environment.

Students will have a
short break to enjoy a
snack, hydrate, and use
the restroom. This break
is not only important for
recharging but also offers
a wonderful opportunity for
students to socialize and
build friendships with their
classmates.

DAILY

SCHEDULE

	11:30am - 12:25pm		12:30pm - 1:25pm		1:35pm-2:30pm
Juniors (ages 7-9)	Dance	BREAK	Theater	BREAK	Music
Intermediates (ages 10-12)	Theater		Music		Dance
Seniors (ages 13-17)	Music		Dance		Theater



01

DANCE

In our dance classes, students explore Ballet, Modern, Jazz, and Musical Theater while building confidence through choreography and core techniques.

02

MUSIC

Our music classes build theory, rhythm, and vocal confidence, through diverse choral styles, ending with a Showcase performance.

03

THEATER

Our acting classes build technique in mind, body, and voice, exploring improv and scripts, with performances of scenes and monologues at the Showcase.

OUR TEAM



Heather Gifford | Homeschool Director | Music

Heather joined MSA in 2013 as part of the voice faculty and was the music department chair from 2019-2024. She is now the Homeschool Director and Assistant Production Manager. She holds a Bachelor's Degree in Music Industry with a Vocal Performance concentration from James Madison University. Her performance credits include roles at Keegan Theater DC, LTA, and venues like Harrah's Las Vegas and Holland America Cruise Line. In event management, she has worked at Venetian/Palazzo and Gaylord National. Heather is passionate about sharing her love for the performing arts and inspiring the next generation of performers.



Kendall Cherry | Dance

Kendall Cherry, is a choreographer, movement coach, and creative director with work featured in music videos, TV, film, and major tours. She has helped shape the careers of artists like DaniLeigh, Bantu, Dr. Chaii, Reggie Becton, and Soaky Siren, while also working with DaBaby, Chris Brown, Rico Nasty, Dreezy, Nasty C, G-Eazy, and Asian Doll. Her choreography appears in DaBaby's BOP on Broadway, Levi High by DaniLeigh ft. DaBaby, and Easy by DaniLeigh ft. Chris Brown—earning nominations from the Soul Train Awards, BET Hip Hop Awards, BET Awards, and VMAs. Cherry's work spans commercials, including Samsung's Z Flip 3 campaign, as well as festivals, tours, and late-night TV. She contributed to the creative direction of DaniLeigh's Be Yourself tour and brings expertise in lighting, staging, and performance to every project.

OUR TEAM



Samantha DeMocker | Theater

Miss Sam has been part of the MSA (MFAC) family since 2005, serving in many roles over the years. From 2005 to 2011, she was a student and TA; from 2011 to 2014, she taught summer classes, and proudly returned to the faculty in 2019. As a student, she performed with iMpulse and appeared in productions like Santa's Frosty Follies and The Nutcracker. She earned her BA in Theater with a concentration in performance from Louisiana State University in 2015. Her credits include Pitch Perfect, Pitch Perfect 2, NCIS: New Orleans, Fantastic Four, Popeyes commercials, and various professional dance and theater projects. In 2020, she completed her MS in Exercise Science, Fitness, and Health Promotion from George Mason University and now runs her fitness company, Strongest You.



GUIDELINES &

REQUIREMENTS

01 Supplies

- Water bottle
- Pen or pencil for labeling scripts and sheet music
- Folder for scripts, music, etc.
- Small snacks for transition breaks (no reheating required)

02 Dress Code (Theater/Music)

- Students should come dressed comfortably to move in Theater and Music classes.
- Long hair must be pulled away from the face.
- Secure, close-toed shoes are required.

*****Important: There is not enough time for complete outfit changes between classes, and staff cannot supervise during locker room time. Students should wear their dance attire underneath their clothing for music/theater.***

03 Dress Code (Dance)

- Dance attire is required after the 3rd week of classes (by 9/24) to allow families time to acquire any new items.
- Shoes: Skin-toned slip-on jazz shoes preferred;

PREFERRED STYLE

OPTION A:

Black Leotard Preferred Style:

So Danca Millie SL11

So Danca Amelia SL10

So Danca Trissie SL13

Skin tone transition tights:

Skin tone jazz shoes Preferred Style: So Danca JZ43

Optional: Plain black dance shorts, capris or leggings

OPTION B:

Plain black shorts or pants

Plain white shirt

Black jazz shoes Preferred Style: So Danca JZ43

TUITION

- MHP tuition is based on yearly fee payable in 9 equal payments and billed **September 2025-May 2026.**

Short months will be balanced by longer months to fulfill a minimum of 33 meetings per class (the final bill is made on **May 2nd, 2026**)

\$175.00/ per student per month

\$160.00/ per student per month for 2 students

\$145.00/ per student per month for 3 or more students

PHYSICAL / LEARNING

ACCOMMODATIONS

- The performing arts entail full-body activities that engage the voice, back, limbs, lungs, brain, jaw, and cardio system. If you know your student has any specific reading or vision needs, ongoing injuries, orthodontia, or is working around a medical device (such as an insulin pump, hearing aid, etc.), please feel free to reach out to the team so that we can be prepared with modifications to best help your student thrive.
- Disclosing any information about your student is optional and confidential— this information will only be used to help our faculty teach each student in a more individualized way.

HELPFUL

REMINDERS

- If your child is running a fever or they are experiencing other symptoms (cough, shortness of breath, sore throat, headache, congestion, nausea, vomiting, or diarrhea), please have them stay home. Students should be symptom free for 24-hours without fever reducing medication. We want to care for one another by not spreading illness around to peers. If you would like an update on what your child missed due to an absence, please email homeschool@metropolitanarts.org.
- We will send a monthly “MHP Announcement” email. Please make sure to read this for any calendar announcements and updates on what the classes are learning, which may include pictures or video clips from class.
- Our admissions are rolling until February, which means we may have new friends joining our classes from time to time. Feel free to share about MHP with fellow performing arts-lovers in your community!



Family Visits/Showcase:

Families are always welcome to come into the building to drop-off and pick-up students or check in with the staff.

Each studio has observation windows if a parent wishes to stay in the building during MHP.

We also welcome families into the studio at the end of the year for our MHP Showcase, where students will have the opportunity to perform music, dances, and scenes. Mark your calendars for this year's showcase on **Tuesday, May 19th, 2026**.

If you have any questions, please reach out to us!

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www.metropolitanarts.org



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