

Dr. Mara Scavotto

Founder of Luminance Healing Arts LLC. Mara completed her Doctorate of Physical Therapy at the University of a Southern California in 2009 and her B.S. in Biopsychology from U.C. Santa Barbara in 2005. After working with athletes in CA, she moved to Manhattan to immerse herself in dance medicine. She was fortunate to work backstage with numerous Broadway and Off-Broadway shows, The Rockettes, Alvin Ailey, Gelsey Kirkland Ballet, and Ellison Ballet. In Washington D.C. she has treated The Washington Ballet, The Washington School of Ballet, actors at Shakespeare Theater, Ford's Theater, and Mean Girls at National Theater. As a lifelong dancer, Mara understands the concerns of performing artists and feels very fortunate to be able to combine her love of medicine with the arts to improve your child's wellness.



Luminance Healing Arts LLC

Pricing includes:

- Injury screening and prevention.
- Exercise education to safely improve turnout, instep, and alignment.
- Dance modification recommendations and communication with dance instructors.
- Medical care coordination with physicians as needed.



www.facebook.com/luminancept

Contact Us

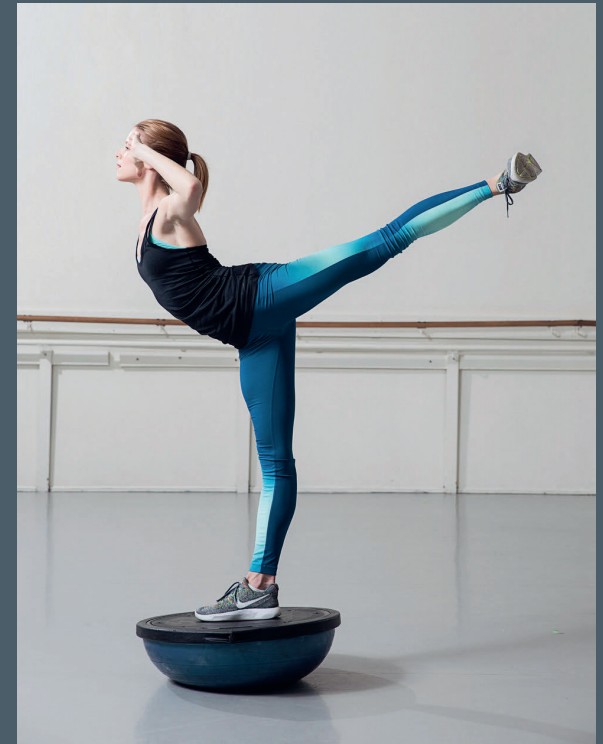
805-453-0581

www.luminancept.com

msscavotto@metropolitanarts.org
5775 Barclay Dr. Alexandria, VA 22315

Luminance Healing Arts LLC

Physical Therapy for the Performing Artist



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OUR PROGRAM

As a parent, I understand that keeping your child healthy is exceptionally important. As a result, our wellness program is designed to prevent injuries from occurring and to educate our students about safe dance practices. Weekly wellness PT hours are available to encourage MSA students to drop in when they have soreness, pain, or concerns with dance technique,. By catching pain before it starts we can prevent many injuries from occurring. Should an injury require more formal care, it may be recommended that your child begin formal physical therapy (outside of wellness hours), be referred to a physician, asked to get imaging, or all of the above. We are here to be your child's advocate with all recommended care.

SIGN UP TODAY AT:

www.luminancept.com/msa

Option A:

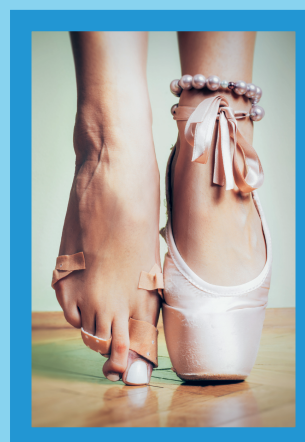
Unlimited Wellness PT \$140/
month for 9 months

Option B:

20 Wellness PT Visits/School
Year
\$75/month for 9 months

Option C:

Drop in PT: \$50/20min



HOURS & PRICING

Triage PT Hours:

Mon and Sat 10-12pm

Your child can sign up for any available 20min time slot online after enrolling (link to be provided).

Formal PT Hours:

Scheduled directly with Dr. Mara Scavotto

Menu of services:

- Unlimited wellness PT program: \$140/
month for 9 months
- 20 wellness PT visits/school year \$75/
month for 9 months
- Drop in Triage: \$50/20 minutes
- Formal physical therapy evaluation: \$150
- Formal physical therapy follow up: \$120
- Formal physical therapy 5-pack: \$575